

S.O.S. Study of Sexuality

February

- 7- Lesson 1: S.O.S.: Study of Sexuality
- 14- Lesson 2: Singularity of Sex
- 21- Lesson 3: Staying Outside Sex
- 28- Lesson 4: Sins of Sexuality: Part I

March

- 7- Lesson 5: Sexuality of Spouse
- 14- Lesson 6: Sins of Sexuality: Part II
- 28- Lesson 7: Surroundings of Sex

April

- 4- Lesson 8: Sins of Sexuality: Part III
- 11- Lesson 9: Sanctity of Sex
- 18- Lesson 10: Setting Outsiders Straight

LESSON SUMMARY

Lesson 1: S.O.S. Study of Sexuality: This is the introduction to the series which explains the purpose and goals of the S.O.S. series, which are twofold: (1) **To educate teens in Christian Sexuality and Biblical Purity** and (2) **To prepare each student to make a deeper personal commitment to Purity, Holiness, and Standing for what is right.**

Lesson 2: Singularity of Sex: This basic lesson focuses on the biblical creation of the sexual relationship and how it was created exclusively for a husband and wife. Discussion will be centered on the world's mistreatment of the sexual relationship as well as how degraded it has become in society compared to what the Bible says sex should be. **Singularity of Sex** will have the main objective of emphasizing that sex was designed to be shared with only a single soul.

Lesson 3: Staying Outside Sex: Remaining a virgin until married has become increasingly less common in today's culture. This lesson will equip teens with practical, real-life strategies for how to Stay Outside of Sexual activity before marriage. It will also prove that while it may seem ridiculous in the world's eyes, God has called you to do this and will reward you for your purity. **Staying Outside Sex** will have the main objective of equipping teens with skills to help them remain pure.

Lesson 4: Sins of Sexuality, Part I: Being the first of a three part mini-series, this lesson will begin an in-depth look at the Sins of Sexuality. After introducing the lesson and dividing by gender, students, being led by the solid foundation of scripture, will learn how to recognize and identify the Sins of Sexuality. Focusing on debunking the lies that are being broadcast into our homes and lives, **Sins of Sexuality, part I** will have its main focus on lusting and provoking lust.

Lesson 5: Sexuality of Spouse: How you decide to live your life will determine what kind of person you attract. Being a holy person is the best means to attracting a holy mate. By looking into their unknown future, teens will envision their marriage and make a wish list for their future spouse. **Sexuality of Spouse** will have the main objective of helping teens desire to become what they desire in a spouse.

Lesson 6: Sins of Sexuality, Part II: Continuing this mini-series on Sins of Sexuality, this section will be centered on the world's lies about homosexuality, also known as "same sex attraction," and how you should approach them. Looking again at the biblical foundations of sexuality, teens will learn how to dismiss the lies and share the truth about a practice the world is beginning to accept as natural. **Sins of Sexuality, part II** will have the main objective of preparing teens to combat homosexuality while being Christ-like and not hateful.

Lesson 7: Surroundings of Sex: Built upon practical knowledge of how to fight temptations, this lesson will be about the warning signs leading up to sexual encounters, or the Surroundings of Sex. Understanding how to be alert and identify situations that will or could lead to sexual encounters is vital to maintaining sexual purity. Furthermore, being able to recognize when your physical surroundings are becoming harmful to your sexual health and knowing how to safely escape is another necessary skill for protecting your purity. **Surroundings of Sex** will have the main objective of teaching teens how to identify and find "a way out" of harmful situations.

Lesson 8: Sins of Sexuality, Part III: This final installment of the Sins of Sexuality will enlighten teens to sexual consequences the world has purposefully omitted from their portrayal of immoral sexual relationships. Seeing the glamorous and scandalous sexuality in the movies and on television leaves the impression that sex is something with no negative effects or consequences. This is not the truth. **Sins of Sexuality, part III** will have the main objective of communicating the real-life biblical consequences of sexual immorality.

Lesson 9: Sanctity of Sex: The next to last installment of S.O.S. will be purity driven. The Sanctity of Sex is a view that many people don't have anymore. During this time we're going to restore the holiness, purity, and blessedness of the sexual relationship. By adopting the view of sexuality being holy, teens will more clearly understand where the lines are drawn concerning what is and isn't pure and holy. **Sanctity of Sex** will have the main objective of reframing teen's perspectives on what is too far and what isn't.

Lesson 10: Setting Outsiders Straight: The goal of this final lesson is to prepare teens for action by motivating them to share what they know is true. Since we are Christians, we know the way things are supposed to be. However, there are people who don't know these things, so sexuality gets distorted. In this final episode of our Study of Sexuality, teens will learn that they cannot just sit back and condone the world's view of sexuality. As Christians, we all must take an active stand for what is right and pure. By not watching certain movies or TV shows, by not doing things because everyone else does, and by giving the reasons why, these teens will begin to challenge outsiders' views of what sex really is—possibly bringing them to Christ in the process. **Setting Outsiders Straight** has the main purpose of encouraging honest conversation between friends about God's design for sex within a context that is Christ-centered.